

## QUAKER BEHAVIOR AT TABLE

Never sit down at the table till asked, and after the blessing.

Ask for nothing; tarry till it be offered thee.

Speak not.

Bite not thy bread but break it, not with slovenly fingers, nor with the same where-with thou taketh up thy meat

Take salt only with a clean knife.

Dip not thy meat in the sauce.

Hold not thy knife upright but sloping, and lay it down at the right hand of the plate with the blade on the plate.

Look not earnestly at any other that is eating.

When moderately satisfied leave the table.

Sing not, hum not, wiggle not.

Spit not, cough not, nor blow thy nose at table if it may be avoided; but if there be necessity, do it aside and without much notice.

Spit nowhere in the room but in the corner.

Eat not too fast, nor with greedy behavior.

Eat not vastly, but moderately.

Make not a noise with thy tongue, mouth, lips or breath in thy eating and drinking.

Lean not thy elbow on the table, nor on the back of thy chair.

Stuff not thy mouth so as to fill thy cheeks; be content with smaller mouthfuls.

Blow not thy meat, but wait with patience till it be cool.

Sup not thy broth at the table, but eat it with a spoon.